

Name	Course title	CPD hours	Date
Aruna Mathuria	Sarcomas: diagnosis and management	17-03-2023	1.5 CPD hours
Aruna Mathuria	Skin cancer: risk factors and identification	12-04-2023	1 CPD hour
Aruna Mathuria	Choices in emergency contraception	02-05-2023	1 CPD hour
Aruna Mathuria	Infant nutrition and food allergy learning plan	09-04-2023	4 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on gastro oesophageal reflux disease in children	09-05-2023	1 CPD hour
Aruna Mathuria	Espresso CPD: differential diagnoses of lower limb ulceration	13-04-2023	0.25 CPD hours
Aruna Mathuria	Rosacea: clinical review	13-06-2023	1.5 CPD hours
Aruna Mathuria	Guidance update: latest NICE guideline on acute cough	13-02-2023	1 CPD hour
Aruna Mathuria	Advance decisions and DNACPR	06-04-2023	0.5 CPD hours
Aruna Mathuria	Acute skin problems in children	14-03-2023	1 CPD hour
Aruna Mathuria	Atrial fibrillation: clinical review	05-04-2023	1.5 CPD hours
Aruna Mathuria	Feeding problems in infants	10-05-2023	1 CPD hour
Aruna Mathuria	Prevention and management of recurrent urinary tract infections	10-05-2023	1.0 CPD hour
Aruna Mathuria	Child protection in dermatology	17-05-2023	1 CPD hour
Aruna Mathuria	Cervical cancer: clinical review	19-05-2023	1.5 CPD hours
Aruna Mathuria	Allergic disorders learning plan	12-03-2023	5.75 CPD hours
Aruna Mathuria	Guidance update: NICE and RCPCH guidance on fever in under-5s	16-04-2023	1 CPD hour
Aruna Mathuria	Acute erythematous rashes in children	14-05-2023	1 CPD hour
Aruna Mathuria	Espresso CPD: COVID-19 red flags for telephone triage	14-05-2023	0.25 CPD hours
Aruna Mathuria	Menopause and migraine	11-03-2023	0.5 CPD hours
Aruna Mathuria	Heart failure: latest developments learning plan	19-03-2023	4 CPD hours
Aruna Mathuria	Heart failure and managing change (podcast)	20-04-2023	0.25 CPD hours
Aruna Mathuria	Safety planning to mitigate against the effects of stress	18-05-2023	0.25 CPD hours
Aruna Mathuria	Cardiovascular essentials learning plan	04-04-2023	7.25 CPD hours
Aruna Mathuria	Understanding the management of atopic dermatitis in primary care	10-03-2023	1 CPD hour
Aruna Mathuria	Premature ejaculation: clinical review	17-06-2023	1.5 CPD hours
Aruna Mathuria	A case of acne excoriée with multiple psychosocial comorbidities	04-02-2023	0.5 CPD hours
Aruna Mathuria	Basal cell carcinoma: clinical review	15-04-2023	2 CPD hours
Aruna Mathuria	Dermatology for skin of colour learning plan	02-06-2023	7.75 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on thyroid disease	15-05-2023	1 CPD hour

Aruna Mathuria	Identifying and managing depression in primary care	20-03-2023	0.25 CPD hours
Aruna Mathuria	Confidentiality and disclosing patient information	05-05-2023	0.5 CPD hours
Aruna Mathuria	Hypertension: clinical review	07-03-2023	1.5 CPD hours
Aruna Mathuria	Alopecia: clinical review	12-06-2023	1.5 CPD hours
Aruna Mathuria	New treatments for heart failure with reduced ejection fraction	05-03-2023	1 CPD hour
Aruna Mathuria	Diagnosis and management of allergies	08-02-2023	1 CPD hour
Aruna Mathuria	Safe, ethical practice learning centre	07-04-2023	6.5 CPD hours
Aruna Mathuria	Post-inflammatory hyperpigmentation in skin of colour	15-02-2023	0.5 CPD hours
Aruna Mathuria	Medically unexplained symptoms in primary care	15-05-2023	1 CPD hour
Aruna Mathuria	Diagnosing rashes in primary care	11-04-2023	0.5 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on anaphylaxis	17-06-2023	1 CPD hour
Aruna Mathuria	Guidance update: latest NICE guidelines on menopause	15-03-2023	1 CPD hour
Aruna Mathuria	Acne keloidalis nuchae	07-04-2023	0.5 CPD hours
Aruna Mathuria	Generalised anxiety disorder: clinical review	02-05-2023	1.5 CPD hours
Aruna Mathuria	Early diagnosis of Lyme disease	01-05-2023	1 CPD hour
Aruna Mathuria	Allergic contact dermatitis	07-05-2023	1 CPD hour
Aruna Mathuria	Management of non-melanoma skin cancer in the frail and elderly	17-03-2023	1 CPD hour
Aruna Mathuria	Heart failure: clinical review	05-02-2023	1.5 CPD hours
Aruna Mathuria	Managing acne scarring	04-04-2023	0.5 CPD hours
Aruna Mathuria	Equity in maternity care - lessons from MBRRACE-UK	03-05-2023	1 CPD hour
Aruna Mathuria	Ectopic pregnancy: clinical review	15-02-2023	1.5 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on neurological conditions	08-03-2023	1.5 CPD hours
Aruna Mathuria	Managing conflict between colleagues	13-06-2023	0.5 CPD hours
Aruna Mathuria	Multiple morbidity: nursing home case study	15-01-2023	1 CPD hour
Aruna Mathuria	Child protection in primary care	05-02-2023	0.5 CPD hours
Aruna Mathuria	Health inequalities in primary care	15-03-2023	1 CPD hour
Aruna Mathuria	Menopause and HRT learning plan	12-02-2023	4.5 CPD hours
Aruna Mathuria	How to individualise HRT	03-05-2023	1 CPD hour
Aruna Mathuria	Starting the conversation about men's health	10-2-2023	1 CPD hour
Aruna Mathuria	Next steps in eczema management	17-05-2023	1 CPD hour
Aruna Mathuria	Espresso CPD: differential diagnoses of facial rashes	06-03-2023	0.25 CPD hours

Aruna Mathuria	Complex contraception scenarios part 2	05-06-2023	1.5 CPD hours
Aruna Mathuria	Pseudofolliculitis barbae	08-05-2023	0.5 CPD hours
Aruna Mathuria	Difficult conversations with patients and families	12-05-2023	0.5 CPD hours
Aruna Mathuria	Polypharmacy in a patient with dementia: nursing home case study	12-02-2023	1 CPD hour
Aruna Mathuria	Alcohol misuse: clinical review	14-06-2023	1 CPD hour
Aruna Mathuria	Good record-keeping	05-01-2023	0.5 CPD hours
Aruna Mathuria	COPD: management and comorbidities	11-03-2023	2 CPD hours
Aruna Mathuria	Transient ischaemic attack: clinical review	15-03-2023	1.5 CPD hours
Aruna Mathuria	Urticaria triggers and treatment	05-05-2023	1 CPD hour
Aruna Mathuria	Ischaemic heart disease: clinical review	04-06-2023	2 CPD hours
Aruna Mathuria	Leg ulcers: Part 1 - assessment and examination	16-03-2023	1 CPD hour
Aruna Mathuria	New treatments for eczema in general practice	17-03-2023	0.25 CPD hours
Aruna Mathuria	Atrial fibrillation: the ABC approach to management	16-03-2023	1.5 CPD hours
Aruna Mathuria	Healthcare professionals' wellbeing learning plan	18-02-2023	1.5 CPD hours
Aruna Mathuria	Tonsillitis in children and adults	16-01-2023	1 CPD hour
Aruna Mathuria	Remote monitoring technology for the management of heart failure	04-06-2023	1 CPD hour
Aruna Mathuria	Abnormal liver function tests: case-based discussion	10-05-2023	0.5 CPD hours
Aruna Mathuria	Managing psychological disorders in people with diabetes	19-03-2023	1 CPD hour
Aruna Mathuria	Skin rashes – red flag symptoms	23-03-2023	0.5 CPD hours
Aruna Mathuria	Hot topics in mental health	18-03-2023	1 CPD hour
Aruna Mathuria	Espresso CPD: Help and support for healthcare professionals	21-06-2023	0.25 CPD hours
Aruna Mathuria	Unsafe swallow in a patient who lacks capacity: nursing home case study	12-02-2023	1 CPD hour
Aruna Mathuria	Managing respiratory problems in palliative care	13-05-2023	1 CPD hour
Aruna Mathuria	Lung cancer diagnosis and treatment	25-03-2023	1 CPD hour
Aruna Mathuria	Prescribing hormone replacement therapy	10-01-2023	1 CPD hour
Aruna Mathuria	Urinary incontinence in women: clinical review	22-03-2023	1.5 CPD hours
Aruna Mathuria	Diarrhoea - red flag symptoms	20-06-2023	0.5 CPD hours
Aruna Mathuria	Acute and chronic itch: causes and management	12-03-2023	1 CPD hour
Aruna Mathuria	Mental health versus physical health learning plan	23-03-2023	8.5 CPD hours
Aruna Mathuria	Espresso CPD: Coronavirus research and resources	10-06-2023	0.25 CPD hours
Aruna Mathuria	Diagnosis of cutaneous vasculitis	25-01-2023	1 CPD hour

Aruna Mathuria	Oral health conditions in primary care	12-03-2023	1 CPD hour
Aruna Mathuria	Genitourinary syndrome of menopause	16-02-2023	1 CPD hour
Aruna Mathuria	Imaging modalities for the diagnosis and classification of heart failure	05-03-2023	1 CPD hour
Aruna Mathuria	Guidance update: latest NICE guidelines on coeliac disease	10-06-2023	1 CPD hour
Aruna Mathuria	Wellbeing: keeping you and your team mentally and physically	15-03-2023	0.5 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on non-alcoholic fatty liver disease	15-05-2023	1 CPD hour
Aruna Mathuria	Melasma	08-05-2023	1 CPD hour
Aruna Mathuria	Diagnosis and management of heart failure with preserved ejection fraction	03-03-2023	1 CPD hour
Aruna Mathuria	Dyspepsia - red flag symptoms	26-01-2023	0.5 CPD hours
Aruna Mathuria	COVID-19 and diabetes: 7 questions answered	18-03-2023	1 CPD hour
Aruna Mathuria	Bronchiectasis: clinical review	17-03-2023	1.5 CPD hours
Aruna Mathuria	Vaccination refusal and consent in primary care	13-04-2023	1 CPD hour
Aruna Mathuria	Foetal alcohol spectrum disorder	26-03-2023	0.5 CPD hours
Aruna Mathuria	Foetal alcohol spectrum disorder	06-03-2023	0.5 CPD hours
Aruna Mathuria	Guidance update: NICE guideline on cellulitis	08-01-2023	0.5 CPD hours
Aruna Mathuria	Diagnosis of skin conditions learning plan	07-02-2023	3.5 CPD hours
Aruna Mathuria	Menopause and HRT: what secondary care clinicians need to know	11-01-2023	1 CPD hour
Aruna Mathuria	Diagnosis of skin conditions learning plan	08-06-2023	3.5 CPD hours
Aruna Mathuria	Paediatric pertussis: clinical review	12-03-2023	1.5 CPD hours
Aruna Mathuria	Paediatric pertussis: clinical review	02-05-2023	1.5 CPD hours
Aruna Mathuria	Headache and migraine: clinical review	12-03-2023	1.5 CPD hours
Aruna Mathuria	Childhood food allergy and intolerance	11-06-2023	1 CPD hour
Aruna Mathuria	Management of common photodermatoses	16-03-2023	1 CPD hour
Aruna Mathuria	Neurology learning plan	11-03-2023	4.5 CPD hours
Aruna Mathuria	Cystic fibrosis: clinical review	12-03-2023	1.5 CPD hours
Aruna Mathuria	COVID-19 guidance and resources learning plan	09-01-2023	3 CPD hours
Aruna Mathuria	Decision making and consent	06-02-2023	1 CPD hour
Aruna Mathuria	Multiple sclerosis: clinical review	09-05-2023	1.5 CPD hours
Aruna Mathuria	Depression and anxiety in people with chronic pain	15-02-2023	1 CPD hour
Aruna Mathuria	Gastroenterology learning	14-06-2023	5 CPD hours
Aruna Mathuria	Your responsibilities following an adverse incident	07-03-2023	0.5 CPD hours

Aruna Mathuria	Hallucinations - red ag symptoms	19-03-2023	0.5 CPD hours
Aruna Mathuria	Good practice when prescribing	05-01-2023	0.5 CPD hours
Aruna Mathuria	Chronic respiratory conditions and COVID-19	06-03-2023	1 CPD hour
Aruna Mathuria	Tremor - red ag symptoms	16-03-2023	0.5 CPD hours
Aruna Mathuria	Espresso CPD: Guidance on novel coronavirus WN-CoV	09-01-2023	0.25 CPD hours
Aruna Mathuria	Guidance update: latest NICE guidelines on chest pain	05-06-2023	1 CPD hour
Aruna Mathuria	Good Medical Practice 2024 – what you need to know	12-03-2023	0.5 CPD hours
Aruna Mathuria	Inquests and fatal accident inquiries: the GP's role	14-03-2023	0.5 CPD hours
Aruna Mathuria	Complex contraception scenarios part 1	04-02-2023	1.5 CPD hours
Aruna Mathuria	Central centrifugal cicatricial alopecia	07-03-2023	0.5 CPD hours
Aruna Mathuria	Bullous pemphigoid: clinical review	04-03-2023	1.5 CPD hours
Aruna Mathuria	Nail changes: clinical review	17-03-2023	1.5 CPD hours
Aruna Mathuria	Skin of colour: disorders of pigmentation and hair and scalp conditions learning plan	07-05-2023	5.25 CPD hours
Aruna Mathuria	Aortic valve disease: clinical review	05-01-2023	2 CPD hours
Aruna Mathuria	Eczema management: latest therapies	16-02-2023	1 CPD hour
Aruna Mathuria	Guidance update: latest NICE guidelines on dementia	09-03-2023	1 CPD hour
Aruna Mathuria	Folliculitis: diagnosis and management	16-06-2023	1 CPD hour
Aruna Mathuria	Coronary heart disease in women	14-06-2023	1 CPD hour
Aruna Mathuria	COPD and mental wellbeing	02-03-2023	1 CPD hour
Aruna Mathuria	Guidance update: latest NICE guidelines on mental health	15-02-2023	1 CPD hour
Aruna Mathuria	Depression: clinical review	13-03-2023	1.5 CPD hours
Aruna Mathuria	Guidance update: antimicrobial prescribing for pneumonia	13-05-2023	1 CPD hour
Aruna Mathuria	Recognising knowledge gaps in the management of cardiac implantable electronic device (CIED) infection	05-02-2023	0.5 CPD hours